# GULL VERS MENU

### SERVING UP DELICIOUS DRINKS, SNACKS AND DISHES FROM 9AM - 2.45PM

Hello and welcome! Gullivers Farm is a café, farm shop and organic working farm providing support and opportunities to adults with varying support needs. We believe in the power of kindness, mutual respect and community. Our biodynamic farm is a place where adults with varying support needs can live, work and thrive in a supported setting. We grow organic vegetables in soil and polytunnels without chemicals, while our eggs, milk and meat are produced using the highest animal welfare standards.

We're proud to say our delicious, seasonal dishes are freshly prepared by our talented team. This might mean wait times are slightly longer during busy spells. When it comes to food served in Gullivers Kitchen, we try to use local, organic or artisan produce whenever possible. However, due to nationwide supply issues and the rising rates of inflation, we will have to make substitutions for non-organic produce from time to time.

Thanks so much for your patience, kindness and understanding.





All our dishes are prepared in a kitchen that uses nuts. Please let a member of our team know if you have any allergies or dietary requirements when you order. Gluten-free bread is available, just ask a member of our team.





VEGETARIAN

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KIDS

Eat for £

With any paying main meal

from the brunch, lunch and

deli menu excluding light

bites. Please ask a member of our friendly team for a

kids' menu.

### LIGHT-BITES

Gullivers classic dishes available all day.

#### TOAST - £3.50 V

Allergens: Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### BACON ROLL - £6.50

#### SAUSAGE BAP - £6.50

bun. Allergens: Milk, Celery, Mustard, Sulphites, Gluten. Cereals containing Gluten (including but not limited to

### BRUNCH

Gullivers favourites dishes with a twist, available all day.

#### EGGS BENEDICT - £9.50

Gullivers Organic Ham, Free-range Fluffets poached eggs with hollandaise sauce on toasted muffin. Allergens: Milk, Sulphites, Eggs and Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### EGGS ROYALE - £9.50

Salmon, Free-range Fluffets poached eggs with hollandaise sauce on toasted muffin. Allergens: Fish, Milk, Sulphites, Eggs, and Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### EGGS FLORENTINE - £8.50

Organic spinach, Free-range Fluffets poached eggs with hollandaise sauce on toasted muffin. Allergens: Milk, Sulphites, Eggs, and Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### SCRAMBLED EGGS ON TOAST - £8.50

Local, organic, free-range Fluffets eggs blended with cream and chives, served on freshly toasted artisan sourdough bread from Ringwood's Bakehouse 24.

Allergens: Eggs, Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### GULLIVERS VEGAN SKILLET BREAKFAST - £13.50 VG

Gullivers falafel, vine tomatoes, smashed avocado, portobello mushroom, hash-brown, wilted spinach, baked beans and freshly toasted artisan sourdough bread from Ringwood's Bakehouse 24. Allergens: Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### **GULLIVERS SKILLET BREAKFAST - £14.50**

2 rashers of Gullivers organic back bacon, Gullivers Farm sausage, vine tomatoes, baked beans, portobello mushroom, hash-brown, Fluffets poached egg and freshly toasted artisan sourdough bread from Ringwood's Bakehouse 24. Allergens: Eggs, Milk, Celery, Mustard, Sulphites, Gluten. Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

## LUNCH

Seasonal specials and classic dis with a Gullivers twist.

#### GULLIVERS 50/50 MEATBALLS - £12.50

Please note: Can be made dairy free, speak to Gluten (including but not limited to barley, wheat, spelt, oats)

#### **GULLIVERS BEEF BURGER - £12.50**

Allergens: Egg, Soya, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats - bun AND burger),

#### HUEVOS RANCHERO - £12

Allergens: Eggs, Milk, Cereals containing Gluten.

#### THE DOM SPECIAL - £12



Allergens: Eggs, Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt,

> **DRINKS, SIDES** & MORE

# FROM THE DELI

Delicious savouries made in Gullivers Kitchen, alongside Scotch eggs from Handmade Scotch Egg Co.

#### **GULLIVERS SAUSAGE ROLL - £7.50**

Gullivers organic pork, caramelised apple, onions and seasoning. Served with Gullivers vegan coleslaw, our organic Market Garden side salad and Ma Bolton red onion marmalade. Allergens: Eggs, Milk, Mustard, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### CLASSIC SCOTCH EGG - £7.50

Served with Gullivers coleslaw, our organic Market Garden side salad and Ma Bolton red onion marmalade. Allergens: Eggs, Soya, Mustard, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### VEGETABALURIAN SCOTCH EGG - £7.50 💙

A vegetarian Scotch egg made with a delicious blend of chickpeas and herbs. Served with Gullivers Coleslaw, our organic Market Garden side salad and Ma Bolton red onion marmalade. Allergens: Eggs, Milk, Mustard, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### SEASONAL QUICHE - £7.50

Made in-house by the Gullivers team. Served with Gullivers coleslaw, our organic Market Garden side salad and Ma Bolton red onion marmalade. Allergens: Eggs, Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats), Mustard

#### SEASONAL VEGETABLE FRITTATA - £7.50 U GF

A Mediterranean classic, served by the slice. Served with Gullivers coleslaw, our organic Market Garden side salad and Ma Bolton red onion marmalade. **Please note: Dairy free | Allergens: Eggs, Mustard** 

#### SALADS - £7.50 💙

Combination of 3 freshly made seasonal salads harvested from Gullivers organic and biodynamic Market Garden. Visit the Deli or ask the team for today's options **Allergens: will vary depending on each salad. Please check with the team before ordering.** 

#### **GULLIVERS SANDWICHES - £7.50**

Visit the Deli or ask the team for today's options. Freshly prepared sandwiches made with BH24 Bakehouse's focaccia. Served with root vegetable crisps, Gullivers coleslaw and Ma Bolton's red onion chutney. Meat and vegan options available. Allergens: will vary depending on fillings. Please check with the team before ordering.

### **SIDE ORDERS**

Vegan coleslaw – £1.50 (V / GF) Allergens: Mustard Bacon, two rashers. Gullivers organic pork – £2 Sausage. Gullivers organic pork – £2 Allergens: Gluten Gullivers baked beans – £1.50 (VG / V) Halloumi – £2 (GF) Allergens: Dairy Avocado – £1.50 (VG / GF)

Poached egg – £1.50 (V / GF) Allergens: Egg Chips - £3 (VG)Allergens: May contain traces of Gluten Falafel - £2Allergens: May contain traces of Gluten Hash brown - £1.50Allergens: May contain traces of Gluten Scrambled egg - £2.50Allergens: Egg and Dairy

May contain Gluten on sides is possible contamination of Gluten and non Gluten fryers.

SWEET

Fresh, homemade

cakes and tray-bakes

are availableall day. See

specials board

for details.

TEAS AND COFFEES We're proud to say we use Mozzo Coffee here at Gullivers. Every purchase delivers a positive impact for coffee-growing communities.

Espresso –  $\pm 2$ Double espresso –  $\pm 2.60$ Americano –  $\pm 3.20$ Flat white –  $\pm 3.20$ Latte –  $\pm 3.40$ Cappuccino –  $\pm 3.40$ Mocha –  $\pm 3.40$ 

Iced coffee – £3.50

**Ice-shaken espresso – £4** Shot of coffee over ice, brown sugar, oat milk, dash of cinnamon.

**Extra shot – 50p Syrups – 50p** Choose from Vanilla and Ma Bolton's Gingerbread or Salted Caramel.

Dorset Tea – £2.80 Herbal Tea – £3.00 Choose from: Earl Grey, Foraged Mint, Strawberry and cream, Lemon ginger & honey, Green tea

Hot chocolate – £3.40 Add cream or marshmallows for an extra 60p each.

**Chai Latte – £3.40** A warming, caffeine-free drink made with milk and Ma Bolton's homemade chai syrup

**Dirty Chai – £3.60** Made with milk, Ma Bolton's homemade chai syrup and a shot of Espresso.

#### ALCOHOLIC DRINKS

Conker gin & juice – £6.50 Conker gin & Luscombe tonic – £6.50

House wine – £6.50 Choose from white, red, rosé.

Prosecco – £7.50

Purbeck cider – £5.50 Choose from Dorset Blush, Dorset Draft o number 10

Barefaced Brewing – £5 Choose from Pale Ale or larger

#### COLD DRINKS Karma Cola – £3.10 Karma Cola Sugar-E

Karma Cola Sugar-Free – £3.10 Karma Lemonade – £3.10

Luscombe Sicilian Lemonade –  $\pm 3.50$ Luscombe Raspberry Crush –  $\pm 3.50$ Luscombe St Clements –  $\pm 3.50$ Luscombe Bubbly Elderflower –  $\pm 3.50$ Luscombe Tonic –  $\pm 2.75$ 

Gullivers Organic apple juice – £4 Orange juice – £3

Still or sparkling spring water – £2.50 Cawstons juice – £2.50 Choose from Apple & Mango, Apple & Pear or Apple & Summer Berries.

**SMOOTHIES & MILKSHAKES** Fresh, filling and really, really tasty.

#### BREAKFAST SMOOTHIES – £5

**Piña colada** Fresh pineapple, banana, lime juice, coconut milk, oats and peanut butter.

Mango and Turmeric Milk, porridge oats, mango, turmeric.

#### SMOOTHIES - £4.20

**Pink Flamingo** Mango, strawberry and blueberry.

<mark>Sunshine Passion</mark> Mango, pineapple, banana and passion-fru

#### Forest Glow

MILKSHAKES – £4 Choose from vanilla, strawberry, chocolat(

Salted Caramel (Vegan option available)

CHILDREN'S MILKSHAKES – £3 Choose from vanilla, strawberry, chocolate, Salted Caramel (Vegan option available)

#### MILK OPTIONS

Gullivers Biodynamic, Organic milk Oat milk +40p Coconut milk +40p Almond +40p

## **KIDS MENU\***

### KIDS EAT FOR £1 WITH ANY MAIN MEAL FROM THE BRUNCH, LUNCH & DELI MENU EXCLUDING LIGHT BITES

#### KIDS TOAST - £2.50

choice of Ma Bolton's Jumbleberry jam or marmalade. Please note: Can be made vegan. Allergens: Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### BABY BEAR'S PORRIDGE - £3.50 GF VG

SCRAMBLED EGGS - £4.50

Allergens: Eggs, Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### BEANS NEAR TOAST - £4.50

Please note: can be made vegan. Allergens: Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### SAUSAGE ROLL - £6

Allergens: Eggs, Sesame, Milk, Cereals containing Gluten (including but not limited to barley,

#### KIDS' MEATBALLS - £4.50

Allergens: Milk, Cereals containing Gluten (including but not limited to barley, wheat, spelt, oats)

#### SAUSAGE, CHIPS AND BEANS - £5.50

Allergens: Celery, Mustard, Sulphites, Gluten. Cereals containing Gluten (including but not limited to

\* (UNDER 13s)

### DRINKS

Choose from vanilla, strawberry, chocolate or Salted Caramel

Choose from Apple & Mango, Apple & Pear or Apple & Summer Berries.



